# A HEALTHY LOUISIANA

Creating Our Blueprint for the Future

OPH Southeast Region 1
Community Health Needs Assessment
May 1, 2015



## Welcome

# **Greetings from JT Lane**

Assistant Secretary for the Louisiana Office of Public Health



### Welcome and Introductions

# Who is Here TODAY?

# Invitations Sent: 300

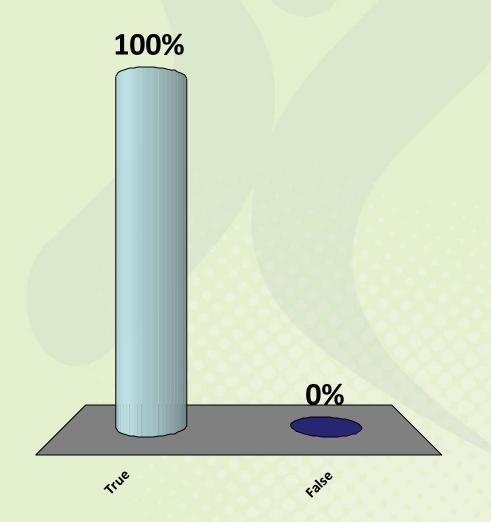
**# Surveys Completed: 230** 



### **True or False:**

I am attending Healthy Louisiana today

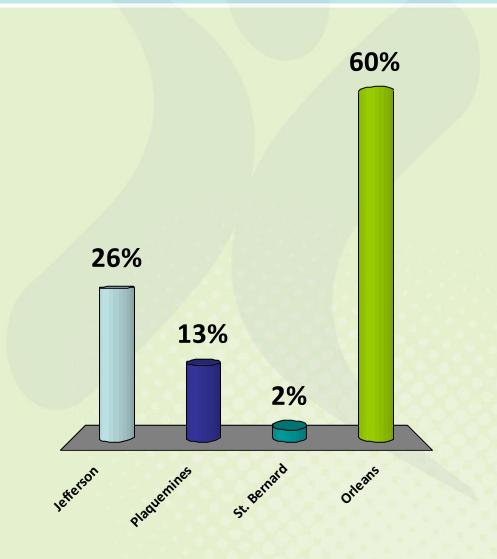
1.True2.False





# In which parish do you spend most of your time?

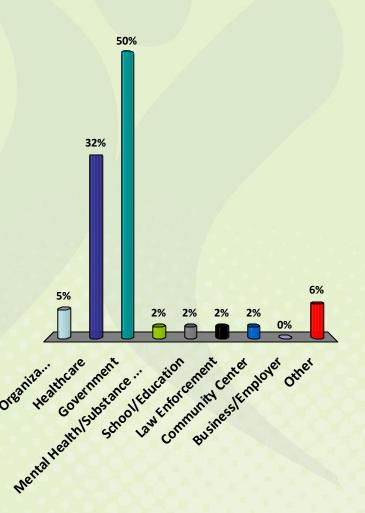
- A. Jefferson
- B. Plaquemines
- C. St. Bernard
- D. Orleans





# Which category best represents you as a stakeholder?

- A. Community-Based Organization
- B. Healthcare
- C. Government
- D. Mental Health/Substance Abuse
- E. School/Education
- F. Law Enforcement
- G. Community Center
- H. Business/Employer
- I. Other



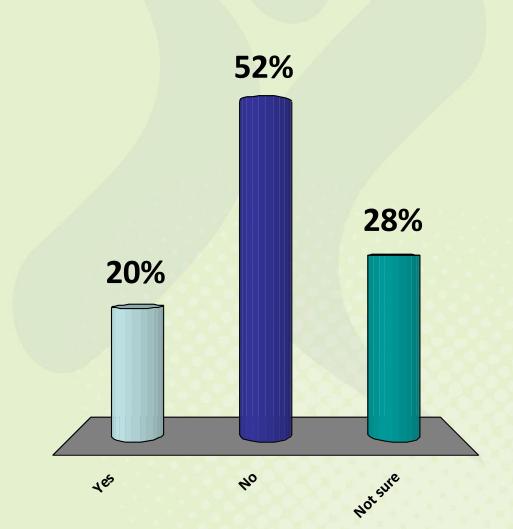


# Are you a member of Louisiana Healthy Communities Coalition?

A. Yes

B. No

C. Not sure





### **5 Minute Meet and Greet**





# Meeting Agenda & Expectations

| Welcome & Introductions  | 9:00 AM  |
|--|----------|
| Review of Stakeholder Survey                                       | 9:30 AM  |
| Regional Data Presentation   | 9:40 AM  |
| Voting to Reach Top 3 Regional Priorities                          | 10:10 AM |
| SWOT (Strengths, Weaknesses,<br>Opportunities, Threats) Activities | 10:30 AM |
| SWOT Discussion  | 11:30 AM |
| Next Steps and Upcoming Meeting                                    | 12:30 PM |
| Meeting Concludes  | 1 PM     |



# **Meeting Objectives**

## 3 Objectives for the Day:

- Identify the top 3 regional health priorities
- Explore regional health assets, challenges, and trends
- Begin to identify local resources and strategies to address priority issues identified



## What is Public Health?

"...what society does collectively to assure the conditions for people to be healthy."



# IOM Roundtable on Improving Population Health

Representatives from different sectors engage in meaningful dialogue about what is needed to improve population health

### Sectors:

- governmental public health
- health care
- business
- education and early childhood development
- housing
- agriculture
- transportation
- economic development
- community- and faith-based organizations

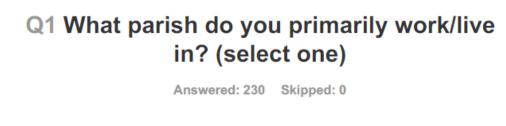


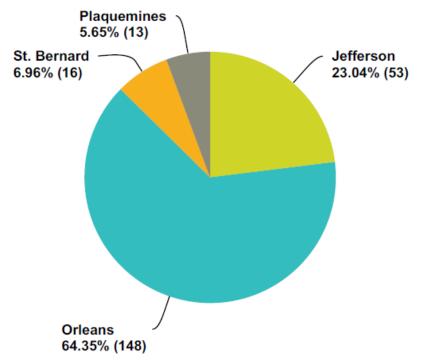
# IOM Roundtable on Improving Population Health

**Improving Population Health Video** 



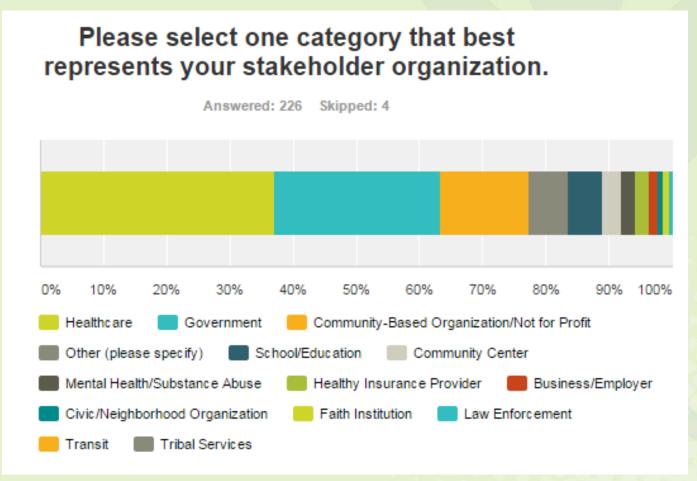
# Results from Stakeholder Survey







# Results from Stakeholder Survey





# Results from Stakeholder Survey

Please consider the issues listed below. Based on your experience, what are the top 3 priorities for health and wellbeing IN YOUR PARISH? Please select 3 priorities (you will be limited to 3 responses).

| Priority  | % of        |
|---|-------------|
|   | Respondents |
| Unemployment/Economic Development                   | 45.22%      |
| Healthcare and Insurance                            | 43.91%      |
| Behavioral Health/Mental Health/Addictive Disorders | 39.13%      |
| Violence/Crime/Intentional Injuries                 | 34.78%      |
| Chronic Disease Management                          | 27.39%      |
| Nutrition/Healthy Eating                            | 14.35%      |
| Education Levels/Attainment and Literacy            | 13.48%      |
| Discrimination                                      | 12.17%      |
| Alcohol Abuse/Illicit Drugs                         | 10.43%      |
| Homelessness  | 7.83%       |



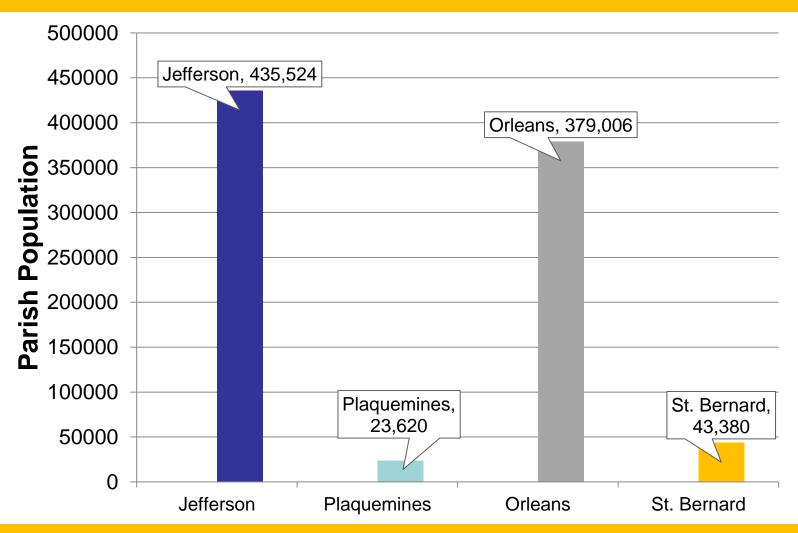
# **Regional Data Presentation**





# Region 1 Population, 2013

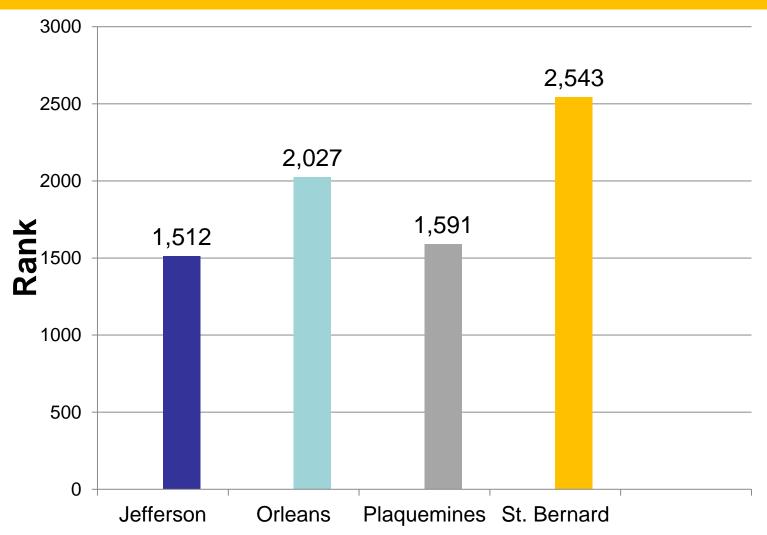
Total Population: 881,530



Largest City: New Orleans, Population 378,715 Largest parish: Jefferson Parish

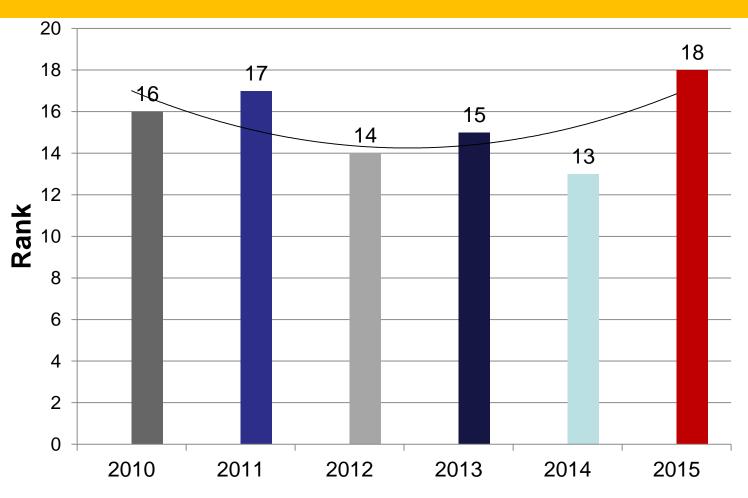
# REGION 1 2014 Rankings out of 3,135 U.S. Counties

1: Best 3135: worst



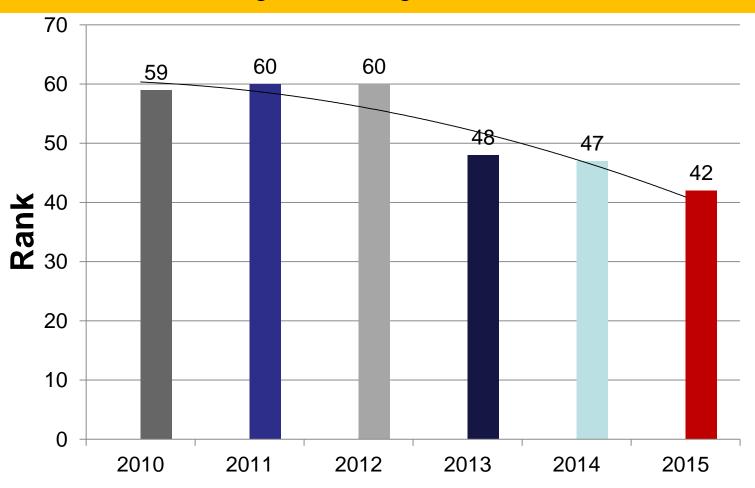
# Jefferson Parish Health Rankings

Health Outcomes, Quality and Length of Life 2010-2015



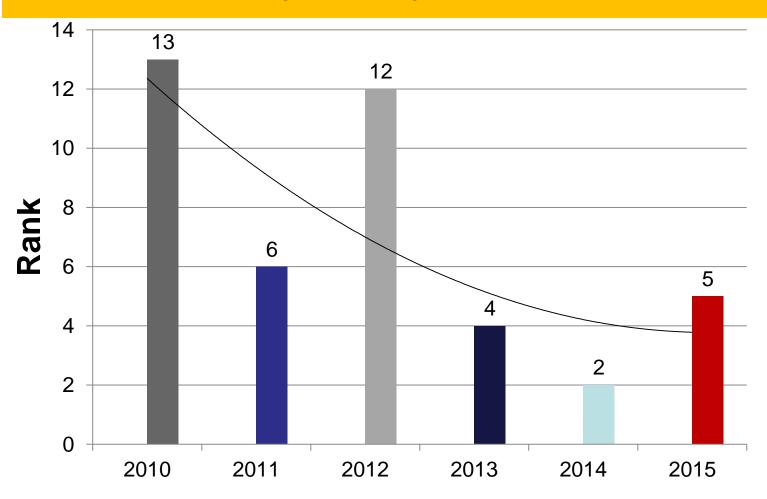
# **Orleans Parish Health Rankings**

Health Outcomes, Quality and Length of Life 2010-2015



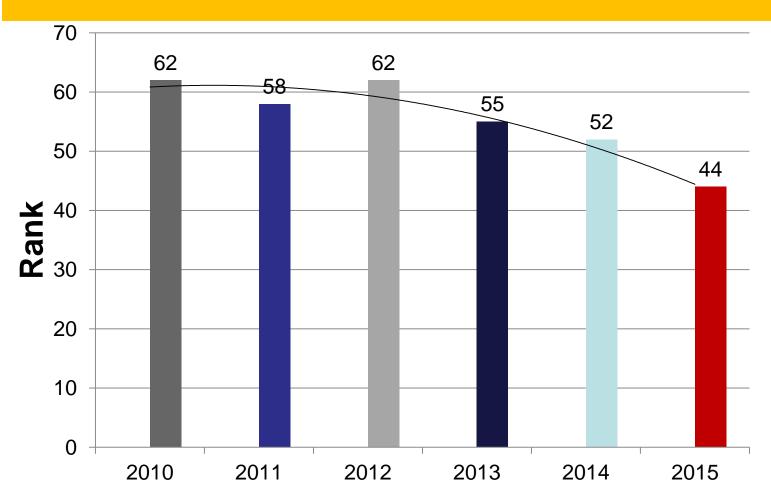
# Plaquemines Parish Health Rankings

Health Outcomes, Quality and Length of Life 2010-2015



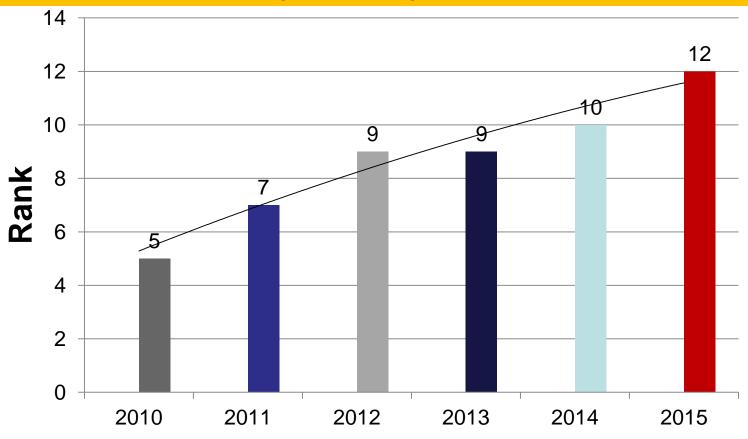
# St. Bernard Parish Health Rankings

Health Outcomes, Quality and Length of Life 2010-2015



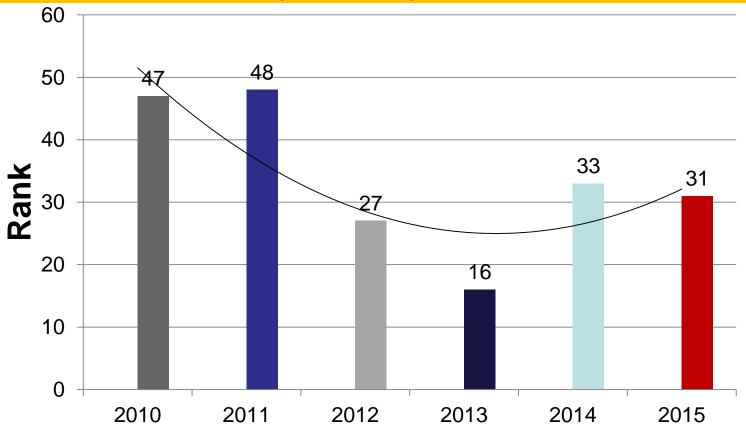
# Jefferson Parish Health Rankings

Health Factors - Clinical Care, Health Behaviors, Social & Economic factors, Physical environment 2010-2015



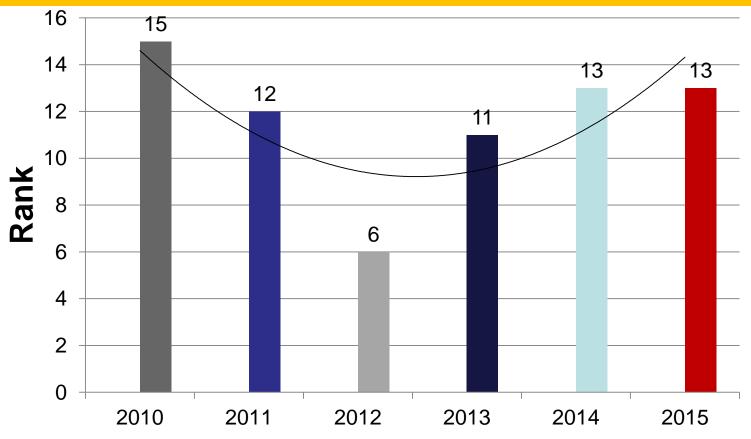
# **Orleans Parish Health Rankings**

Health Factors - Clinical Care, Health Behaviors, Social & Economic factors, Physical environment 2010-2015



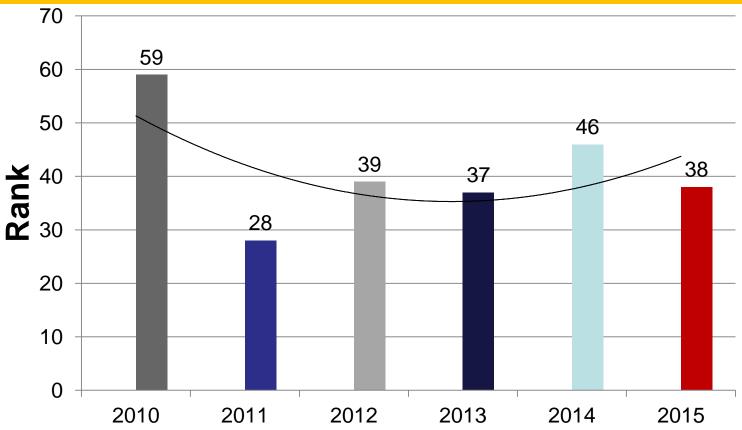
# Plaquemines Parish Health Rankings

Health Factors - Clinical Care, Health Behaviors, Social & Economic factors, Physical environment 2010-2015



# St. Bernard Parish Health Rankings

Health Factors - Clinical Care, Health Behaviors, Social & Economic factors, Physical environment 2010-2015



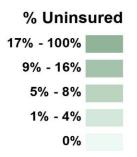
# **Regional Data Presentation**

**Healthcare and Insurance** 



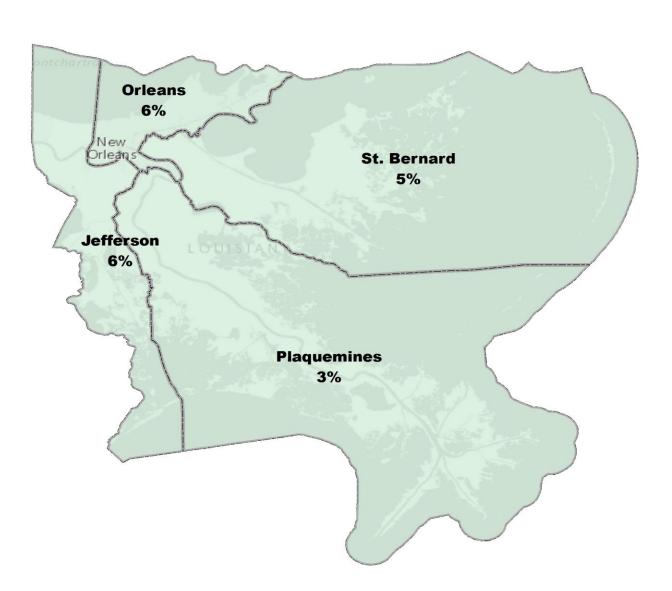
#### Region 1 Health Insurance Coverage

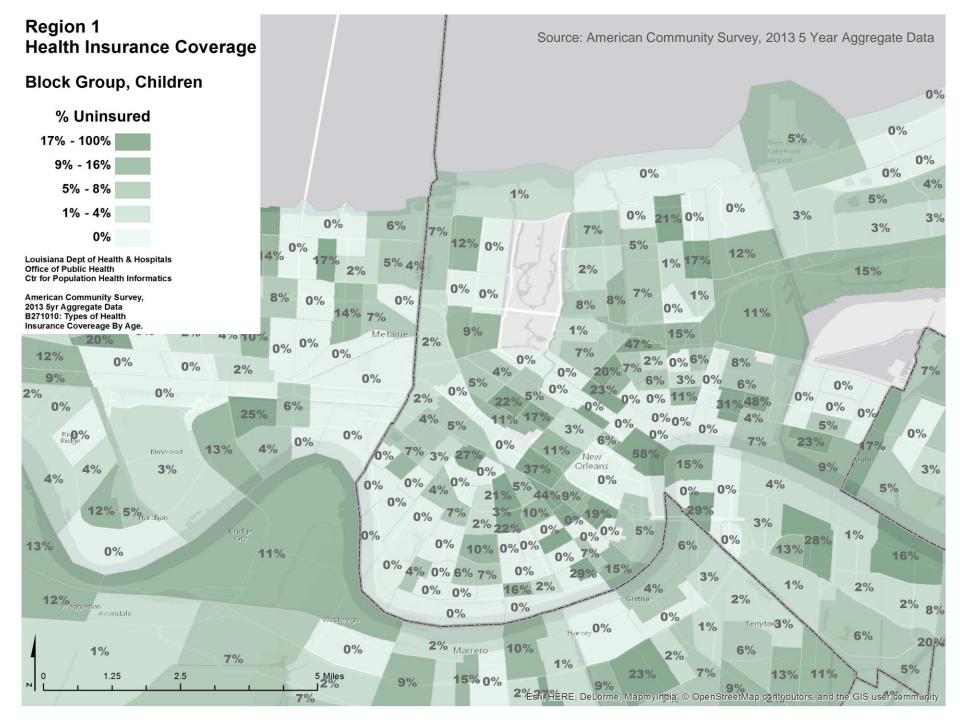
#### Parish, Children



Louisiana Dept of Health & Hospitals Office of Public Health Ctr for Population Health Informatics

American Community Survey, 2013 5yr Aggregate Data B271010: Types of Health Insurance Covereage By Age.





#### Region 1 Health Insurance Coverage

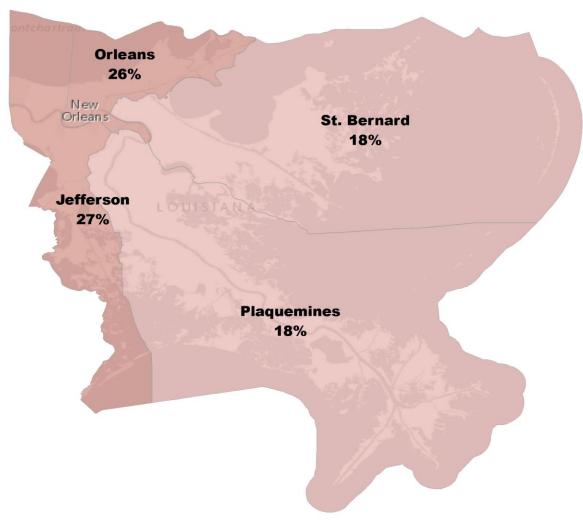
#### Parish, Non-Elderly Adults

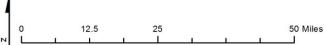


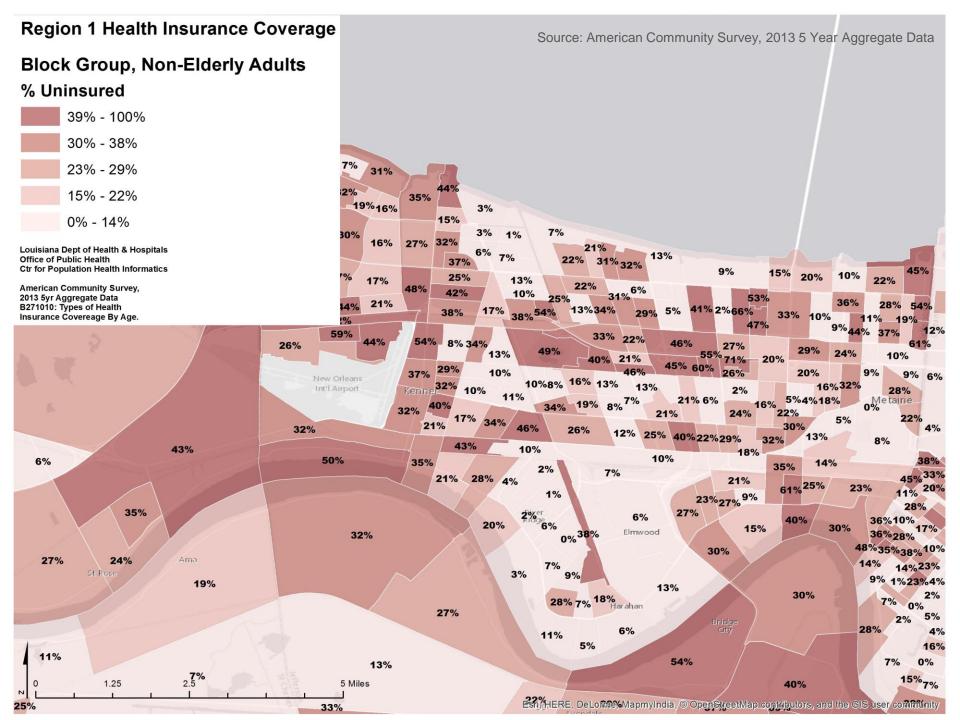


Louisiana Dept of Health & Hospitals Office of Public Health Ctr for Population Health Informatics

American Community Survey, 2013 5yr Aggregate Data B271010: Types of Health Insurance Covereage By Age.







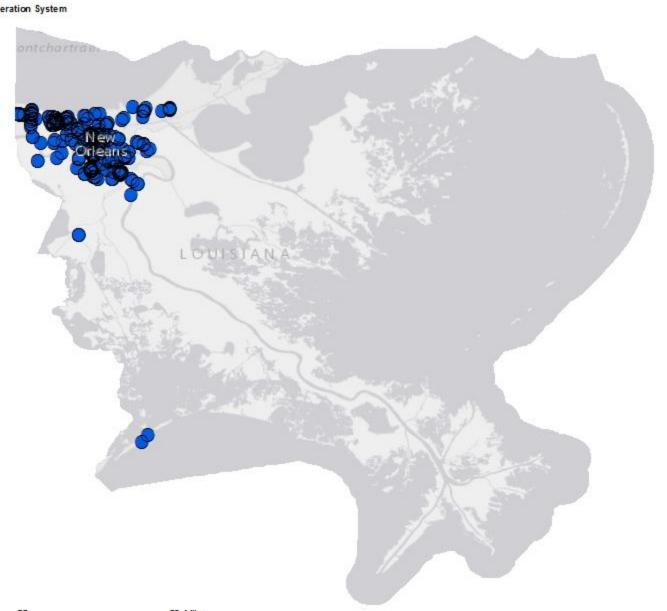
oviders, region i

Primary Care (375)

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tional Plan & Provider Enumeration System

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12.5

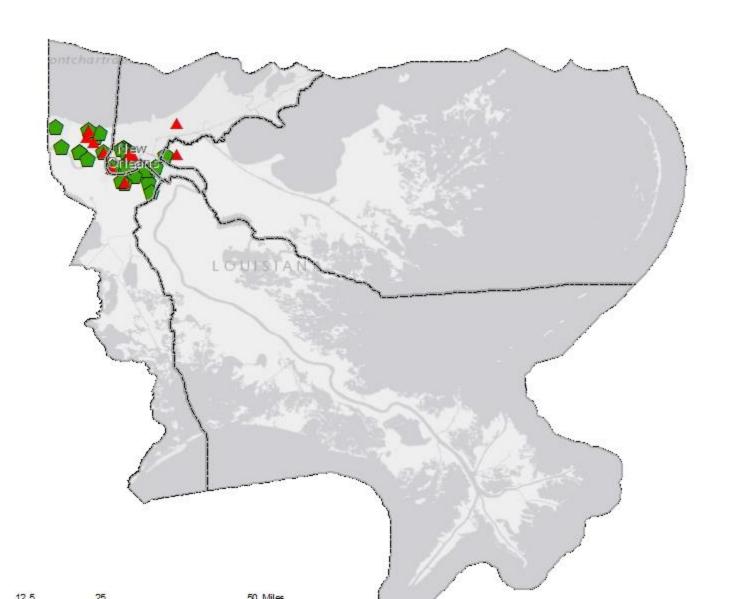
25

50 Miles

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- Psych Unit (12)
- Behavioral Health (28)

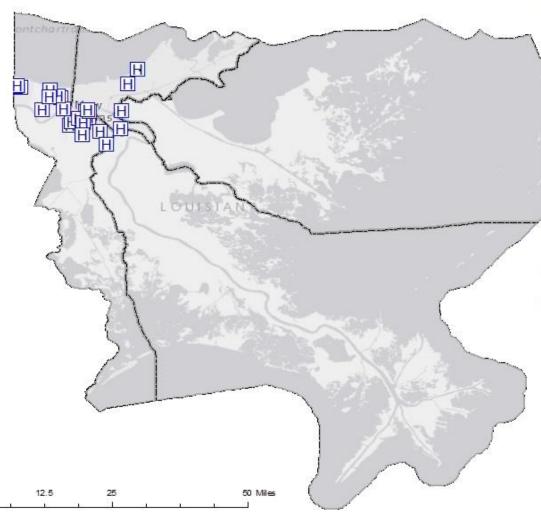


#### Providers, Region 1

Hospitals (33)

Louisiana Dept of Health & Hospitals Office of Public Health Ctr for Population Health Informatics

National Plan & Provider Enumeration System National Provider Index November 2014



Beacon Behavioral Hospital New Orleans Charity (LSU) Hosp & Med Ctr of LA-NO Children's Hospital Children's Hospital-Calhoun Campus Community Care Hospital Crescent City Surgical Centre East Jefferson General Hospital Kindred Hospital- New Orleans Louisiana Continuing Care Hospital (FWF) Medical Center of La. at New Orleans-MCLNO-DePaul New Orleans East Hospital Oceans Behavioral Hospital of Greater New Orleans Oceans Behavioral Hospital Westbank Ochsner Baptist, Campus of Ochsner Medical Center Ochsner Extended Care Hospital-Kenner Ochsner Medical Center Ochsher Medical Center Westbank Ochsner Medical Center-Kenner LLC Omega Hospital LLC River Oaks Hospital Seaside Behavioral Center Seaside Behavioral Center - Metairie St. Bernard Parish Hospital St. Catherine Memorial Hospital St. Charles Surgical Hospital St. Theresa Specialty Hospital - Kenner St. Theresa Specialty Hospital - Metairie Touro Infirmary Tulane Lakeside Hospital Tulane Medical Center United Medical Healthwest-New Orleans University Medical Center New Orleans (UMCNO)

West Jefferson Medical Center

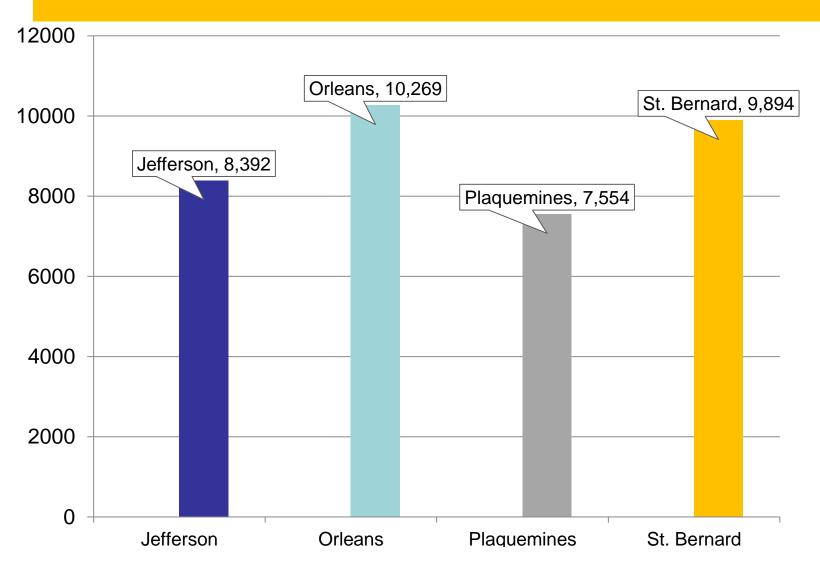
# **Regional Data Presentation**

**Chronic Disease Management** 



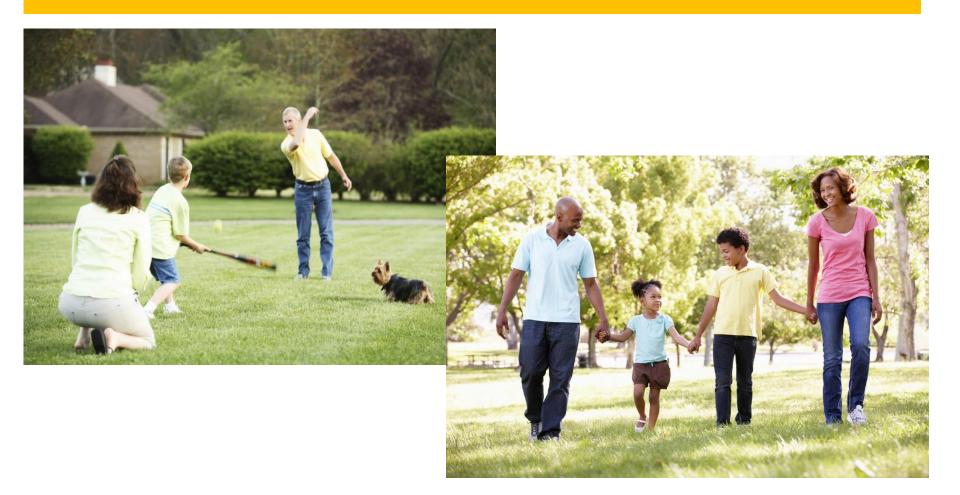
#### Region 1

Premature Deaths: 36,109

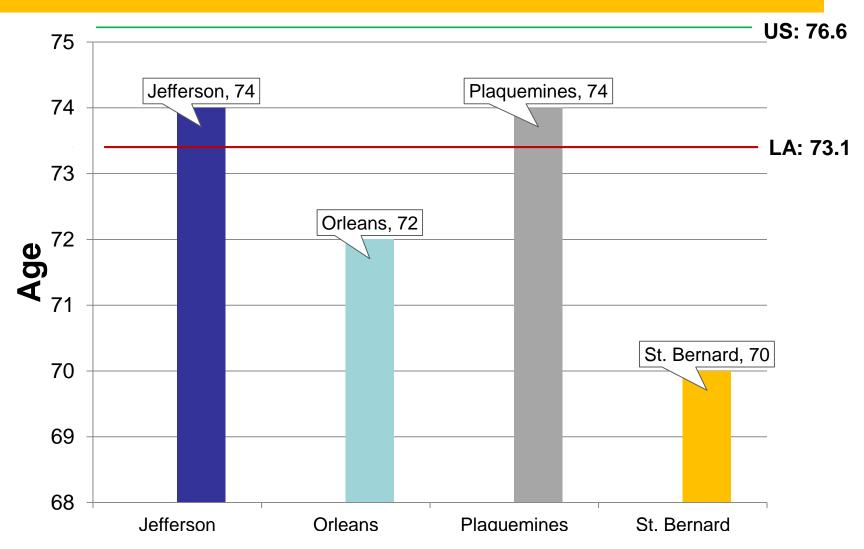


#### Premature deaths robs region 1 residents of 36,109 years of potential life lost.

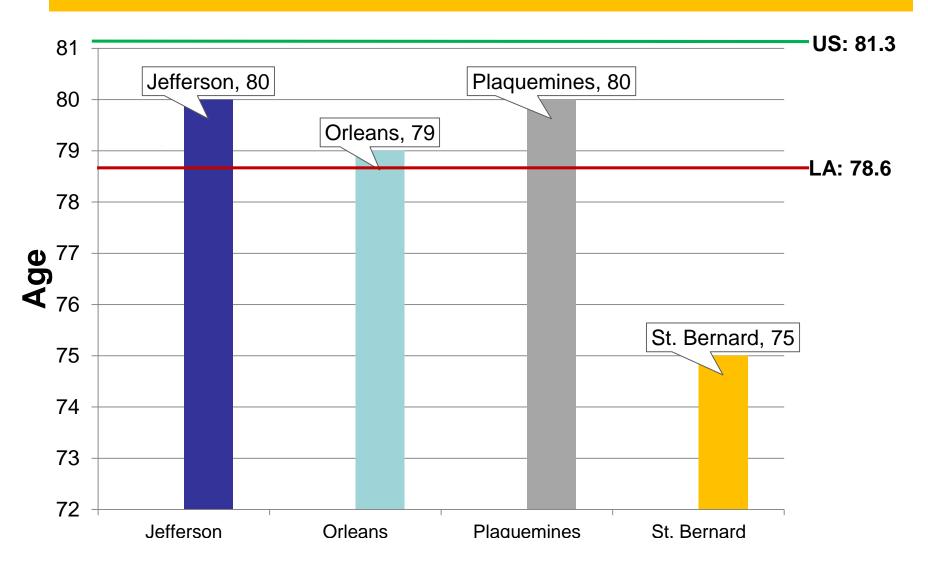
That's another 10 additional years for every resident in New Orleans to spend with their families, play with their pets, and time in their communities.



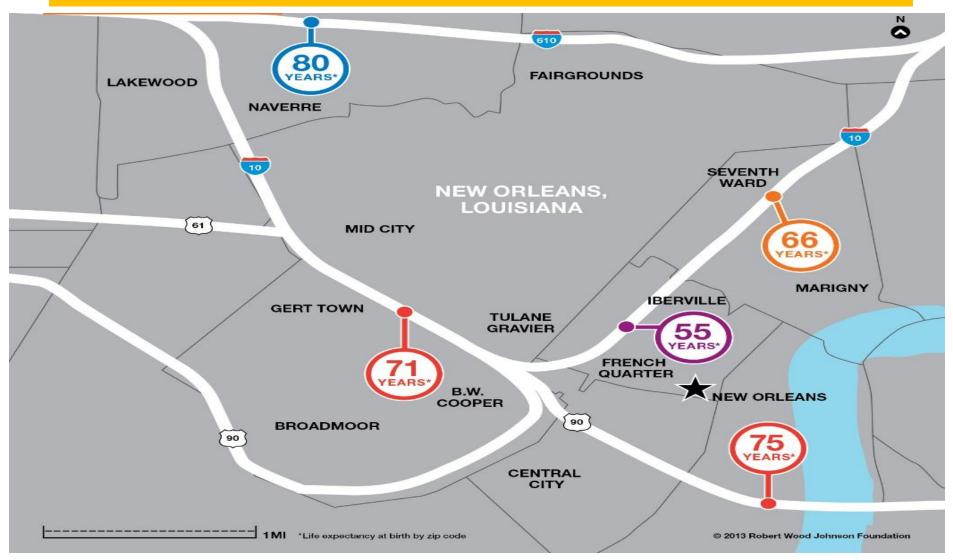
# Region 1 Life Expectancy – Men, 2013



# Region 1 Life Expectancy- Women, 2013



# Region 1 Life Expectancy at birth by Zip Code



## Determinants of Health and Their Contribution to Premature Death

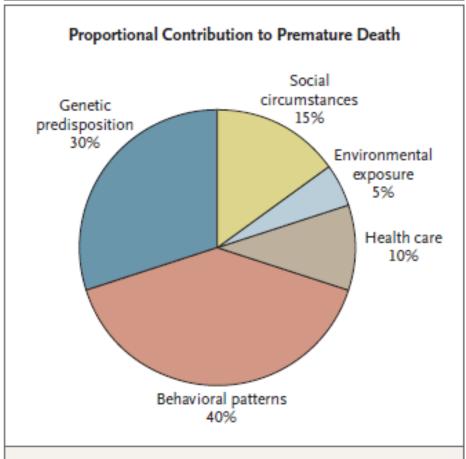
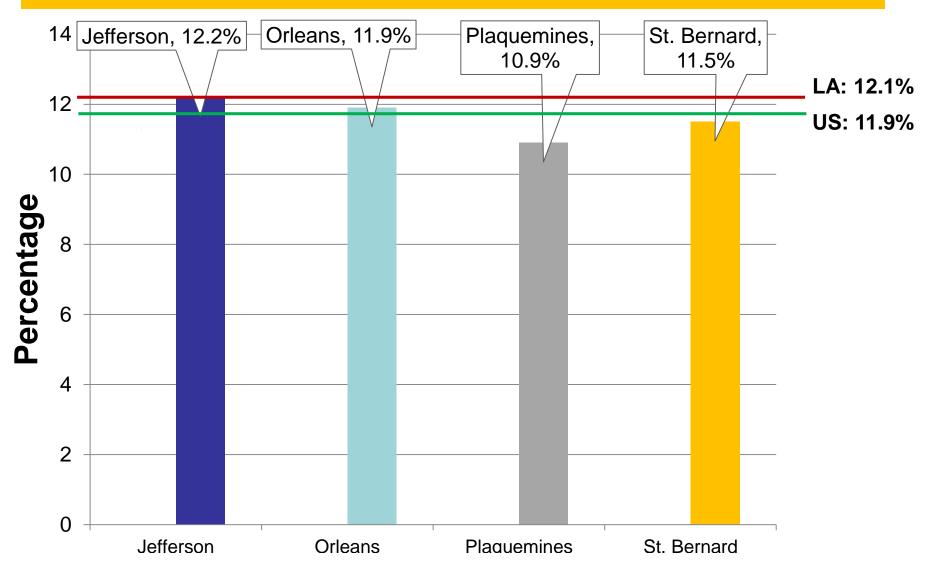


Figure 1. Determinants of Health and Their Contribution to Premature Death.

Adapted from McGinnis et al.10

#### Region 1, 2012 Adult Diabetes Prevalence

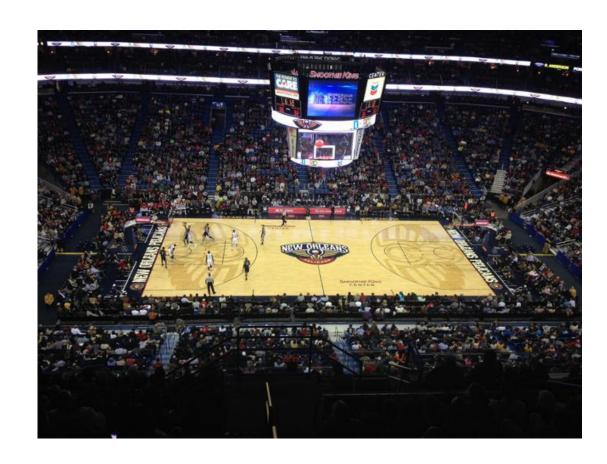


# The number of adults with Diabetes Mellitus in Region 1 is 78,351. This number could fill the Smoothie King Center 4 times over.

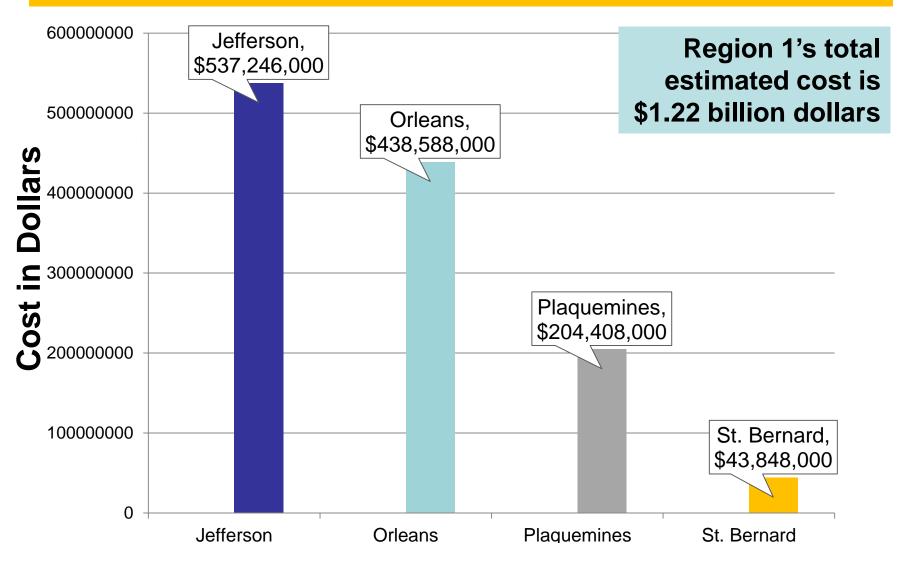
### Total # of adults with Diabetes Mellitus in Region 1

| 39,352 |
|--------|
| 33,632 |
| 1,821  |
| 3,546  |
|        |

Total 78,351



# Region 1 Estimated Diabetes Cost, 2012



### The Region 1 savings for diabetes could send every child under age 18 in the region to college.

#### Region 1 estimated cost is \$1.22 billion dollars

# children below 18 years of age

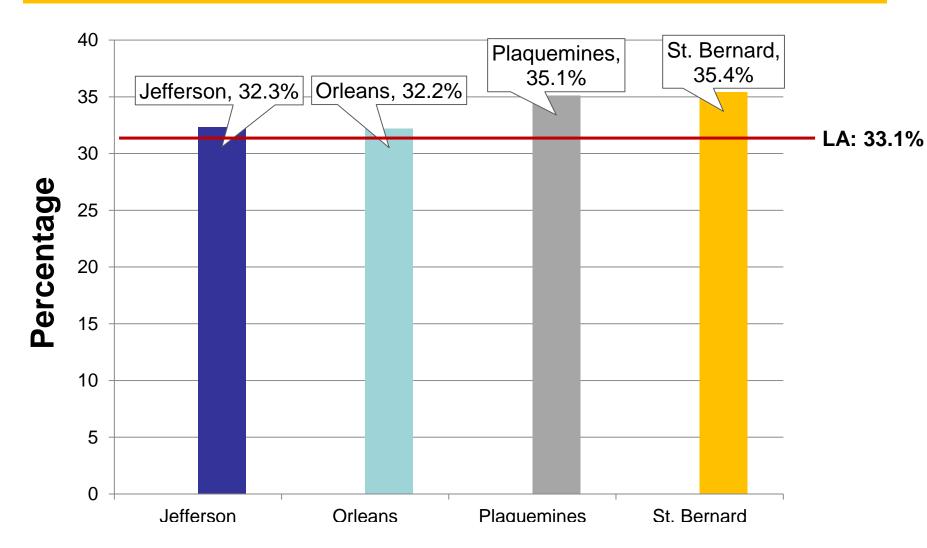
| Jefferson   | 95,858 |
|-------------|--------|
| Orleans     | 78,015 |
| Plaquemines | 6,288  |
| St. Bernard | 11,566 |

Total 191,727



Approx. cost = \$5,724 (In-State Tuition)

# Region 1 % Adult Obesity, 2014



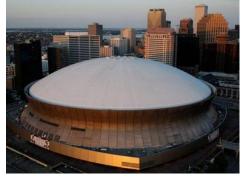
The number of obese adults in Region 1 is 213,527 (24% of the total population in the region). This number could fill the New Orleans Superdome almost 3 times over.

| <u>Parish</u> | # Obese Adults |
|---------------|----------------|
| Jefferson     | 106,035        |
| Orleans       | 91,021         |
|               |                |

Plaquemines 5,918 St. Bernard 10,553

Region 1 Total 213,527





Superdome Seating Capacity = 72,003

#### **Regional Data Presentation**

#### Behavioral Health/ Mental Health/ Addictive Disorders

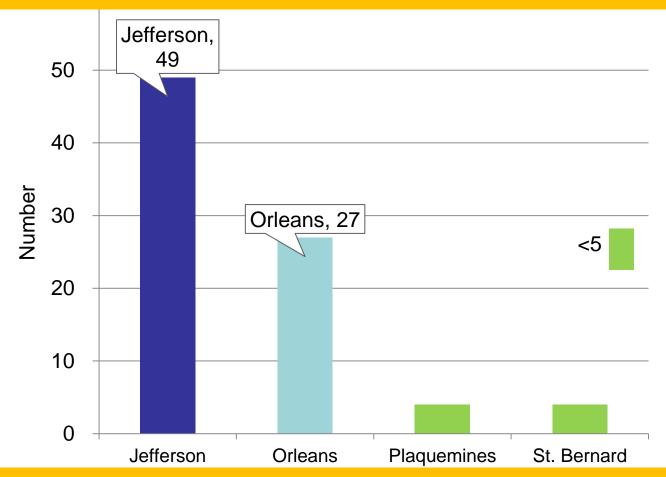


## Region 1 Suicides

| Report Area               | Total<br>Population | Average<br>Annual Deaths,<br>2007-2011 | Crude Death<br>Rate<br>(Per 100,000<br>Pop.) | Age-Adjusted<br>Death Rate<br>(Per 100,000<br>Pop.) | Suicide, Age-Adjusted<br>Death Rate<br>(Per 100,000 Pop.) |
|---------------------------|---------------------|--|--|---|---|
| Region 1                  | 808,026             | 95                                     | 11.73  | 11.44   |   |
| Jefferson<br>Parish, LA   | 432,311             | 57                                     | 13.14  | 12.79   | 0 50  |
| Orleans<br>Parish, LA     | 320,593             | 34                                     | 10.48  | 9.99  | Report Area (11.44)                                       |
| Plaquemines<br>Parish, LA | 22,957              | 2                                      | 8.71   | 10.01   | HP 2020 Target (10.2)                                     |
| St. Bernard<br>Parish, LA | 32,165              | 2                                      | 7.46   | 8.74  | US (11.82)  |
| Louisiana                 | 4,482,205           | 535                                    | 11.93  | 11.94   |   |
| United States             | 306,486,831         | 37,085                                 | 12.1   | 11.82   |   |
| HP 2020 Target            |                     |  |  | <= 10.2   |   |

Note: This indicator is compared with the Healthy People 2020 Target.

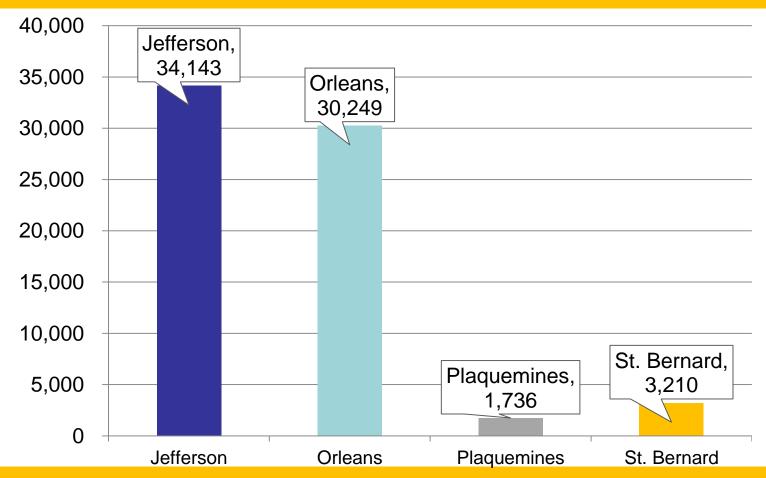
### Suicide Deaths in Region 1 2013



The average suicide costs \$1,061,170

Suicide costs society approx \$34.6 billion a year in combined medical and work loss costs.

### **Serious Mental Health Illness and Substance Use Treatment Prevalence Among Adults in Region 1**



ADULT (Age 18 and up) PREVALENCE ESTIMATE for SEVERE MENTAL ILLNESS (2.26% of Population\*)
ADULT (Age 18 and up) PREVALENCE ESTIMATE for Needing Substance Use Treatment Services. (7.46% of Population\*\*)

### Top 10 Diagnoses for Louisiana Office of Behavioral Health (Persons Served)

Top 10 Diagnoses for Louisiana OBH Persons Served in SFY 2013-14

|                          |      | State             |      | Region |       |       |       |       |       |       |       |       |
|--------------------------|------|-------------------|------|--------|-------|-------|-------|-------|-------|-------|-------|-------|
| Diagnosis                | Rank | Persons<br>Served | %    | 1      | 2     | 3     | 4     | 5     | 6     | 7     | 8     | 9     |
| MAJOR AFFECTIVE DISORDER | 1    | 21,624            | 35%  | 6,033  | 2,146 | 4,224 | 2,658 | 806   | 1,151 | 1,455 | 1,187 | 1,964 |
| SUBSTANCE DEPENDENCE     | 2    | 8,970             | 14%  | 2,276  | 754   | 1,046 | 588   | 480   | 1,421 | 736   | 859   | 810   |
| PSYCHOTIC DISORDER       | 3    | 8,402             | 14%  | 2,285  | 1,126 | 1,263 | 907   | 309   | 482   | 585   | 632   | 813   |
| ATTENTION DEFICIT        | 4    | 3,490             | 6%   | 1,191  | 753   | 577   | 228   | 99    | 128   | 144   | 98    | 272   |
| ALCOHOL DEPENDENCE       | 5    | 3,059             | 5%   | 632    | 300   | 359   | 171   | 223   | 469   | 304   | 290   | 311   |
| DEPRESSIVE DISORDER      | 6    | 2,669             | 4%   | 722    | 261   | 392   | 106   | 175   | 308   | 67    | 380   | 258   |
| SUBSTANCE ABUSE          | 7    | 2,294             | 4%   | 486    | 201   | 408   | 127   | 117   | 167   | 152   | 447   | 189   |
| ANXIETY DISORDER         | 8    | 2,131             | 3%   | 731    | 248   | 269   | 151   | 110   | 163   | 79    | 186   | 194   |
| ALCOHOL ABUSE            | 9    | 1,402             | 2%   | 184    | 111   | 227   | 45    | 48    | 110   | 80    | 455   | 142   |
| ADJUSTMENT DISORDER      | 10   | 794               | 1%   | 202    | 88    | 101   | 34    | 86    | 159   | 14    | 52    | 58    |
| Other                    | -    | 7,129             | 12%  | 1,979  | 765   | 1,094 | 377   | 519   | 328   | 203   | 1,349 | 515   |
| Total                    |      | 61,964            | 100% | 16,721 | 6,753 | 9,960 | 5,392 | 2,972 | 4,886 | 3,819 | 5,935 | 5,526 |

Notes: Diagnoses are based on the most recent admission for persons who had received services from 7/1/13 to 6/30/14 and persons served by region and diagnosis are unduplicated count. Gambling is not included.

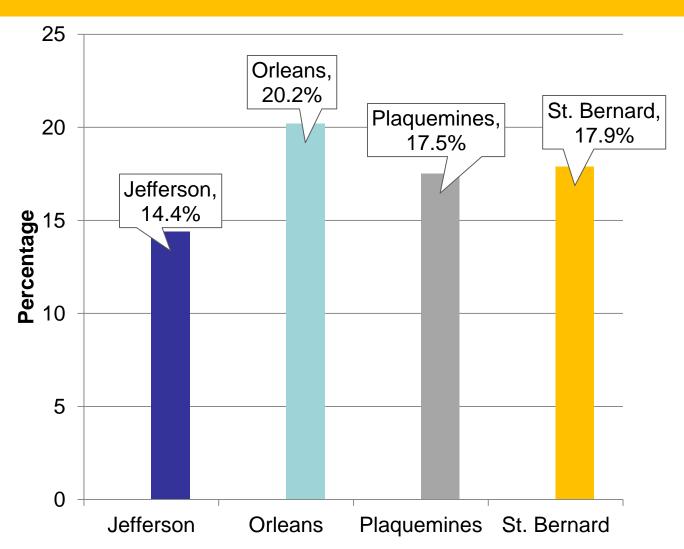
### Top 10 Diagnoses for Region 1 LA Office of Behavioral Health (Persons Served)

Louisiana OBH Persons Served in State Fiscal Year 2013-14

Note: Persons served by region, type and age group are unduplicated count for persons who had received services from 7/1/13 to 6/30/14. Gambling is not included.

|        | Mental Health |         |          | S   |          |          |        |
|--------|---------------|---------|----------|-----|----------|----------|--------|
| Region | <18           |         |          | <18 |          |          | Total  |
| Region | yrs           | >=18    |          | yrs | >=18 yrs |          | IOtai  |
|        | old           | yrs old | Subtotal | old | old      | Subtotal |        |
|        |               |         |          |     |          |          |        |
| 1      | 2,531         | 11,874  | 14,405   | 303 | 2,723    | 3,026    | 17,431 |

### Excessive Drinking, Self-Reported Behavioral Risk Factor Surveillance (BRFSS) 2006-2012

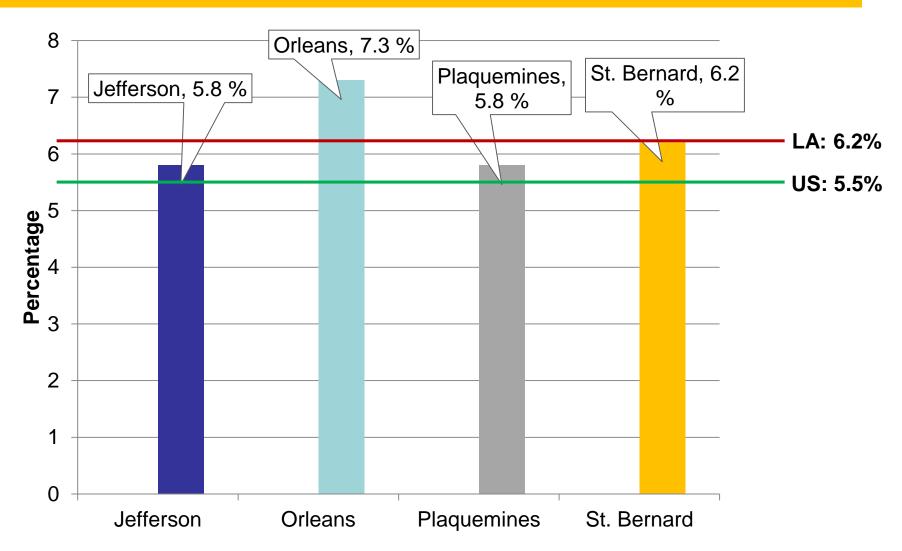


#### **Regional Data Presentation**

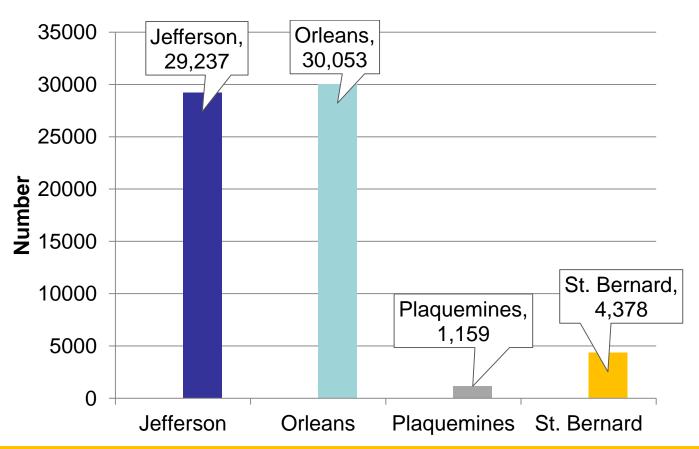
#### Unemployment/ Economic Development



#### Region 1 % Unemployment, 2013

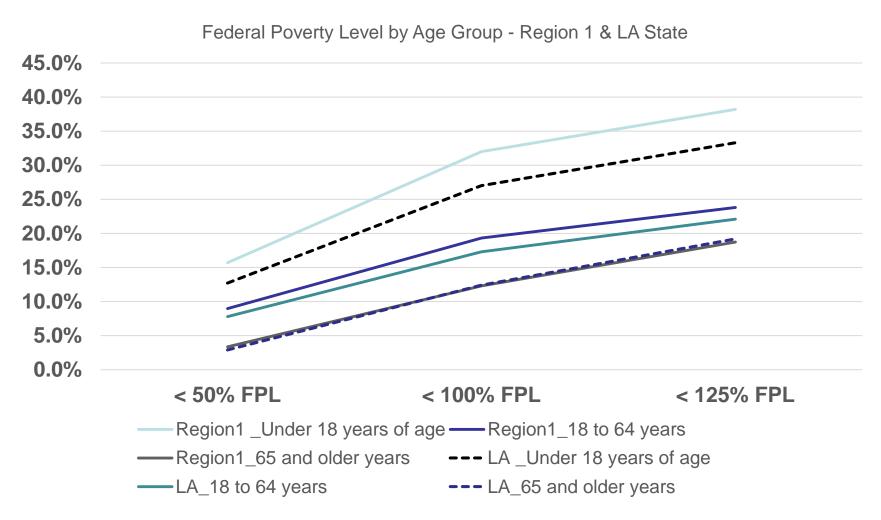


# Region 1 Children Living in Poverty



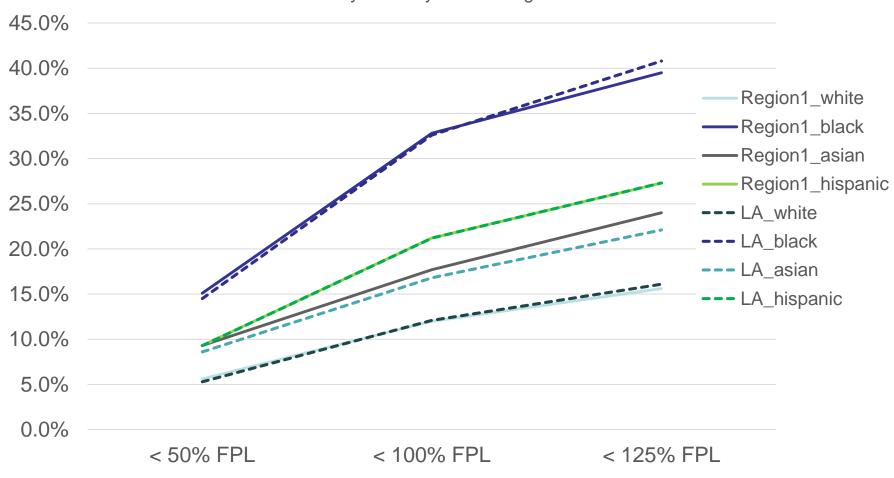
According to the National Center for Health Statistics, children in poverty are 3.6 times more likely than non-poor children to have poor health and 5 times more likely to die from an infectious disease.

# Region 1 Federal Poverty Level by Age



# Region 1 Federal Poverty Level by Race

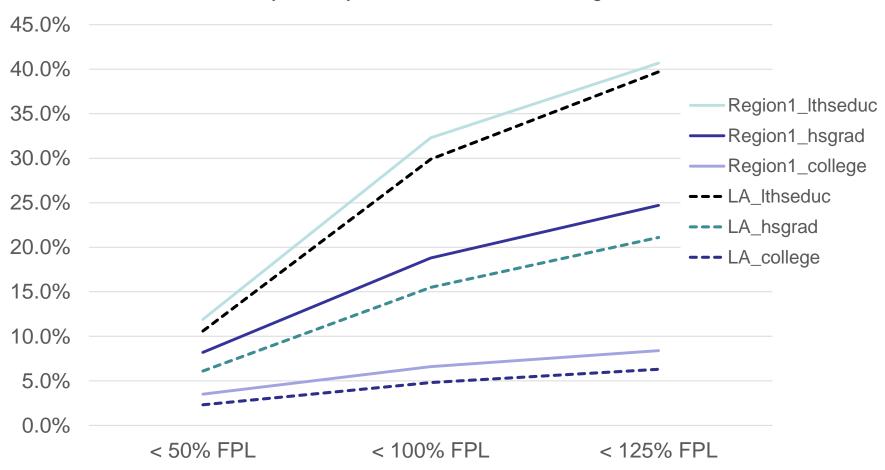
Federal Poverty Level by Race - Region 1 & LA State



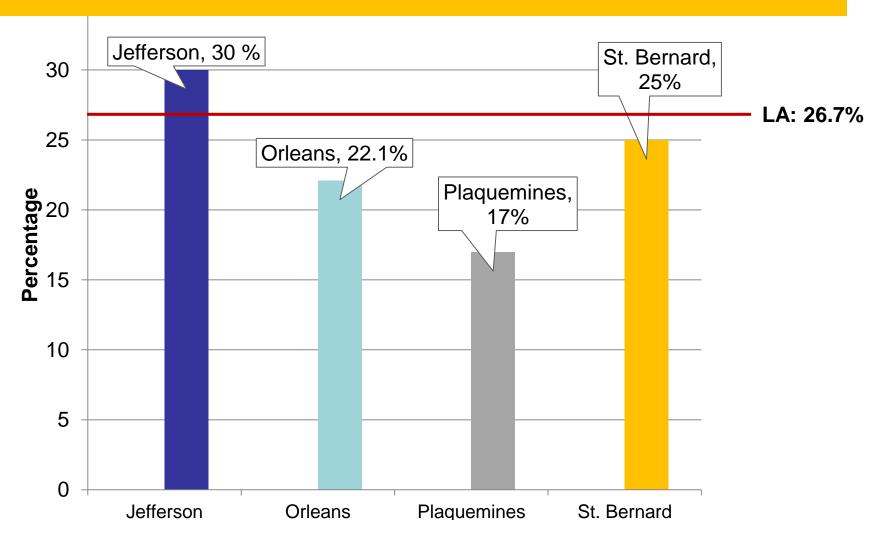
#### Region 1

### Federal Poverty Level by Educational Attainment

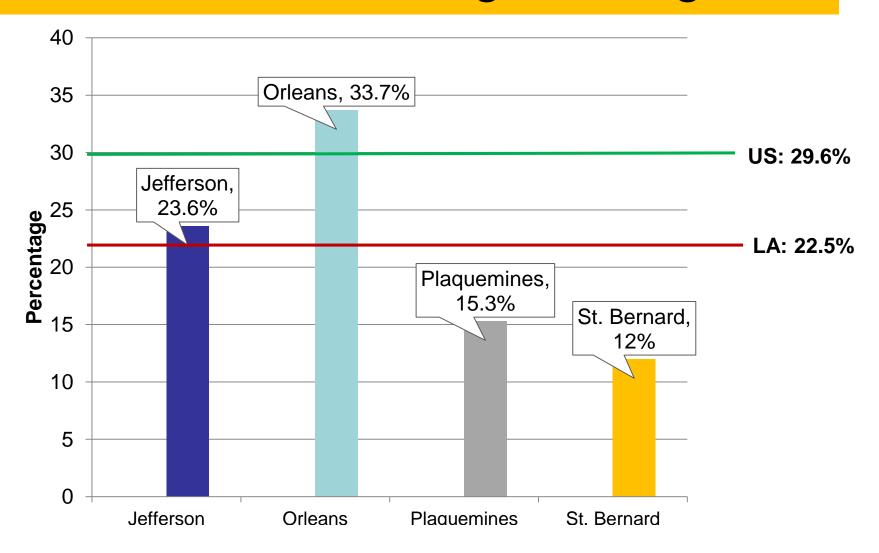
Federal Poverty Level by Educational Attainment - Region 1 & LA State



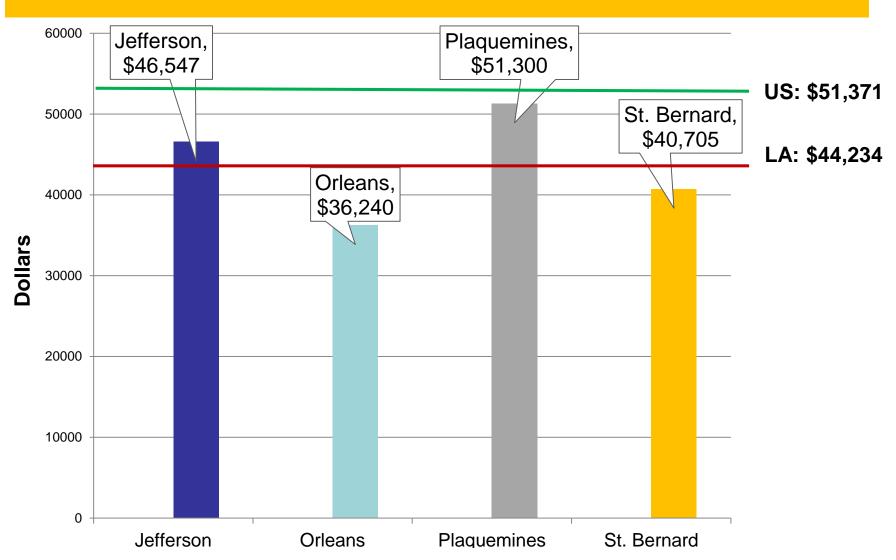
# Region 1 High School Dropout Percentages



## Region 1 % with Bachelor's Degree or Higher



## Region 1 Median Income

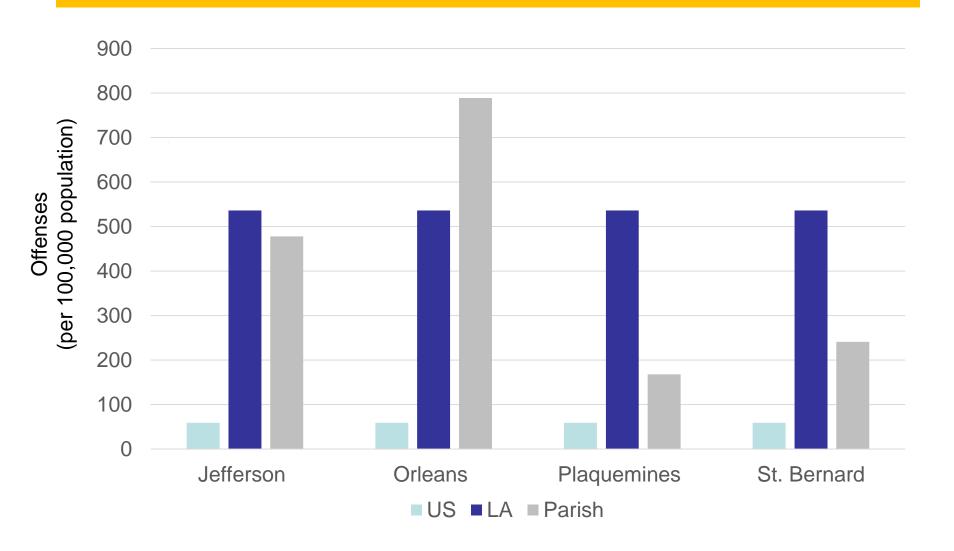


#### **Regional Data Presentation**

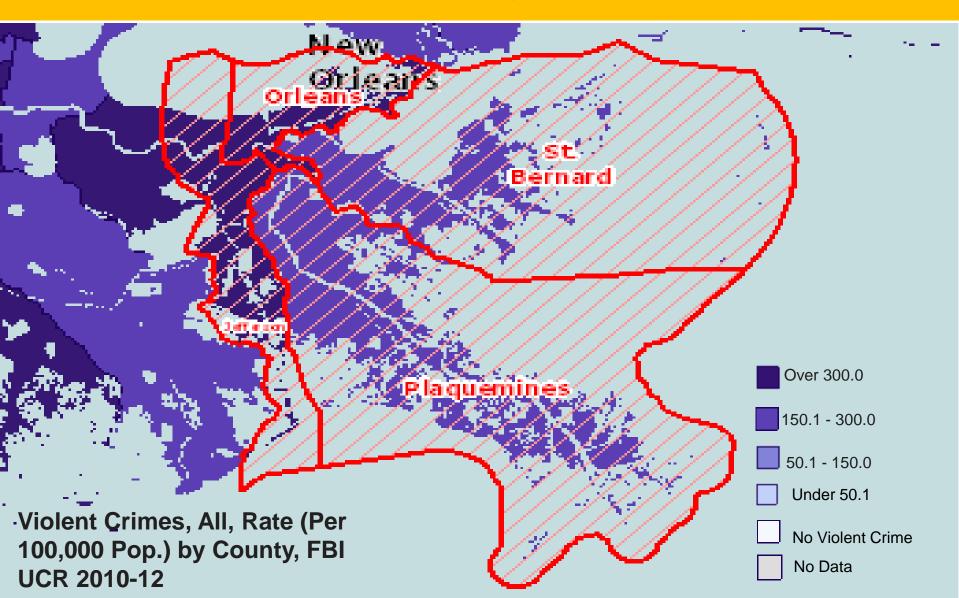
## Violence/Crime/Intentional Injuries



## Region 1 Violent Crime



## Region 1 Violent Crime

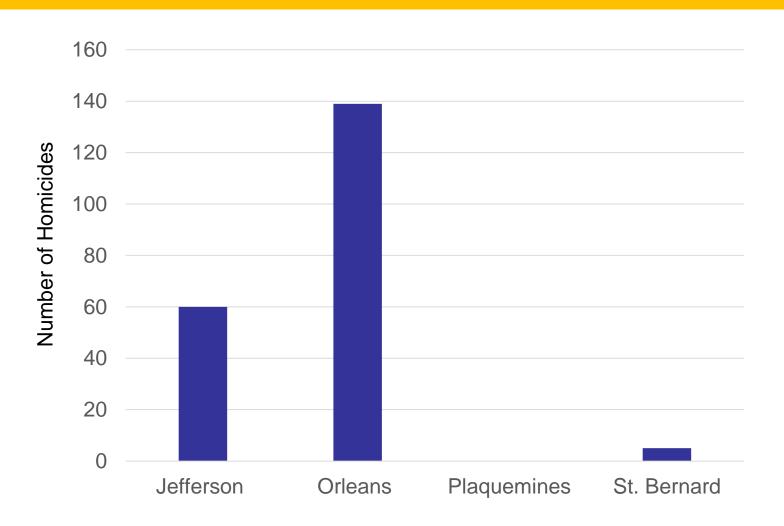


## Region 1 Violent Crime

| Report Area               | Total Population | Violent Crimes | Violent Crime Rate<br>(Per 100,000 Pop.) | Violent Crime Rate (Per 100,000<br>Pop.) |
|---------------------------|------------------|----------------|--|--|
| Report Area               | 846,638          | 4,978          | 588                                      |  |
| Jefferson Parish,<br>LA   | 434,753          | 2,078          | 478.05                                   | 0 1000                                   |
| Orleans Parish, LA        | 351,226          | 2,771          | 789.05                                   | ■ Region 1 (588)                         |
| Plaquemines<br>Parish, LA | 23,354           | 39             | 168.42                                   | Louisiana (532.9)                        |
| St. Bernard Parish,<br>LA | 37,305           | 90             | 241.26                                   | ■US (395.5)                              |
| Louisiana                 | 4,432,819        | 23,626         | 532.9                                    |  |
| United States             | 306,859,354      | 1,213,859      | 395.5                                    |  |

Note: This indicator is compared with the state average. Data breakout by demographic groups are not available.

#### Region 1 Homicides, 2013



Region 1 (30.62)

HP 2020 Target (5.5)

United States (5.63)

## Region 1 Homicides

| Report Area               | Total<br>Population | Average<br>Annual Deaths,<br>2007-2011 | Crude Death<br>Rate<br>(Per 100,000<br>Pop.) | Age-Adjusted<br>Death Rate<br>(Per 100,000<br>Pop.) | Homicide, Age-Adjusted<br>Death Rate<br>(Per 100,000 Pop.) |
|---------------------------|---------------------|--|--|---|--|
| Region 1                  | 808,026             | 241                                    | 31.96  | 30.62   |  |
| Jefferson<br>Parish, LA   | 432,311             | 75                                     | 17.44  | 17.82   | 0 40   |
| Orleans Parish,<br>LA     | 320,593             | 165                                    | 51.53  | 47.88   | Pagion 4 (20 62)   |
| Plaquemines<br>Parish, LA | 22,957              | no data                                | no data                                      | no data   | Region 1 (30.62)  HP 2020 Target (5.5)                     |
| St. Bernard<br>Parish, LA | 32,165              | no data                                | no data                                      | no data   | US Target (5.63)   |
| Louisiana                 | 4,482,205           | 566                                    | 12.63  | 12.69   |  |
| United States             | 306,486,831         | 17,097                                 | 5.58   | 5.63  |  |
| HP 2020 Target            |                     |  |  | <= 5.5  |  |

Note: This indicator is compared with the Healthy People 2020 Target.

#### **Regional Data Presentation**

State and County
Health Rankings - 2015



### Louisiana's Health Rankings 2014 Health Determinants (Overall National Rank=48)

| Prevalence of <b>Smoking</b>              | 44 <sup>th</sup>        | (23.5%)          |         |
|---|-------------------------|------------------|---------|
| Prevalence of <b>Obesity</b>              | 45 <sup>th</sup>        | (33.1%)          |         |
| Sedentary Lifestyle                       | 45 <sup>th</sup>        | (30.3%)          |         |
| High School Graduation                    | <b>46</b> <sup>th</sup> | (72.0%)          |         |
| Violent Crime/100,000                     | 44 <sup>th</sup>        | (497)            |         |
| Occupational Deaths/100,000               | <b>47</b> <sup>rd</sup> | (78.2)           |         |
| Infectious Disease/ 100,000               | 48 <sup>th</sup>        | (880.)           |         |
| (Combined Chlamydia, Pertussis, Salmonell | a)                      |                  |         |
| Children in Poverty                       | 44 <sup>th</sup>        | (31%)            |         |
| Low Birth Weight (% of births)            | <b>49</b> <sup>th</sup> | (10.8%)          |         |
| Preventable hospitalizations              | 48 <sup>th</sup>        | (80.3)           |         |
| Diabetes                                  |                         | 45 <sup>th</sup> | (11.6%) |
| Poor Mental Health Days                   | <b>43</b> <sup>rd</sup> | (4.2)            |         |
| Infant Mortality per 1,000 births         | <b>47</b> <sup>th</sup> | (8.2)            |         |
| Cardiovascular deaths/100,000             | <b>46</b> <sup>th</sup> | (307.5)          |         |
| Cancer deaths/100,000                     | 48 <sup>th</sup>        | (219.2)          |         |
| Premature Deaths (yrs/100,000)            | 45 <sup>th</sup>        | (9,625)          |         |
|   |                         |                  |         |

## Why is the health of our communities so vital?

# We all benefit when the health of our community is excellent and we all suffer when it is poor.

- For health care providers, health impacts the quality of life of their patients and the cost of care
- For businesses, health impacts productivity of the workforce and the cost of health insurance premiums
- For schools, health matters in student learning and staff performance



#### Let's Vote!

**PROCESS**: Vote on Top 5 Stakeholder-Identified Priorities

**GOAL**: Identify the Top 3 Region Priorities



#### **Prioritization Considerations**

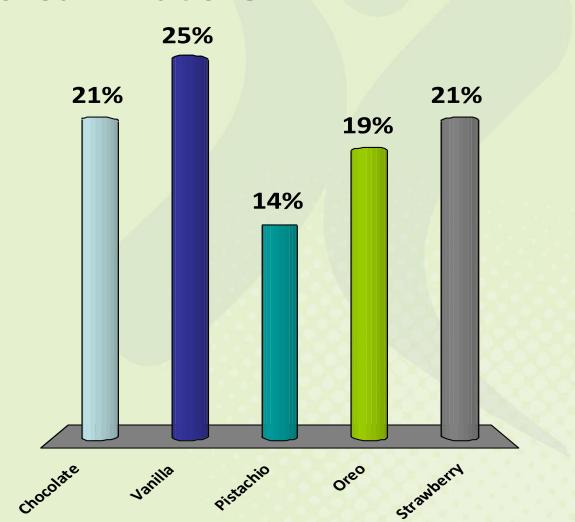
- 1. What is the magnitude of human and economic costs of this issue in our community/region?
- 2. What is the urgency of this issue in our community/region?
- 3. What is the size of the population affected by this problem?



#### **Voting Practice**

### Rank your top 3 favorite ice cream flavors

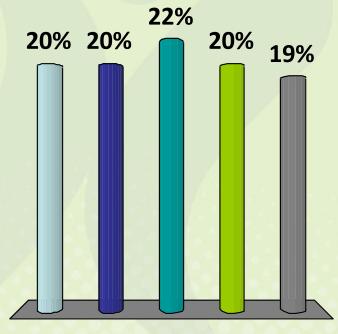
- A. Chocolate
- B. Vanilla
- C. Pistachio
- D. Oreo
- E. Strawberry





#### **Top 5 Stakeholder Priorities**

- A. Unemployment/Economic Development
- B. Healthcare and Insurance
- C. Behavioral Health/Mental Health/Addictive Disorders
- D. Violence/Crime/Intentional Injuries
- E. Chronic Disease Management

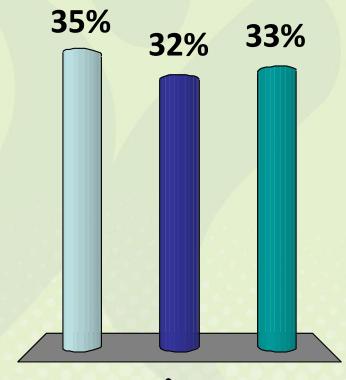




Thent Economic ... and Insurance Rental H. ... The antional ... Management

#### **Top 5 Stakeholder Priorities**

- A. Unemployment/Economic Development
- B. Healthcare and Insurance
- C. Violence/Crime/Intentional Injuries



Unemployment Economic ... Healthcare and Insurance Violence Crime Intentional ...



### **SWOT Activity**

S trengths

Weaknesses

O pportunities

hreats



### **SWOT Activity**

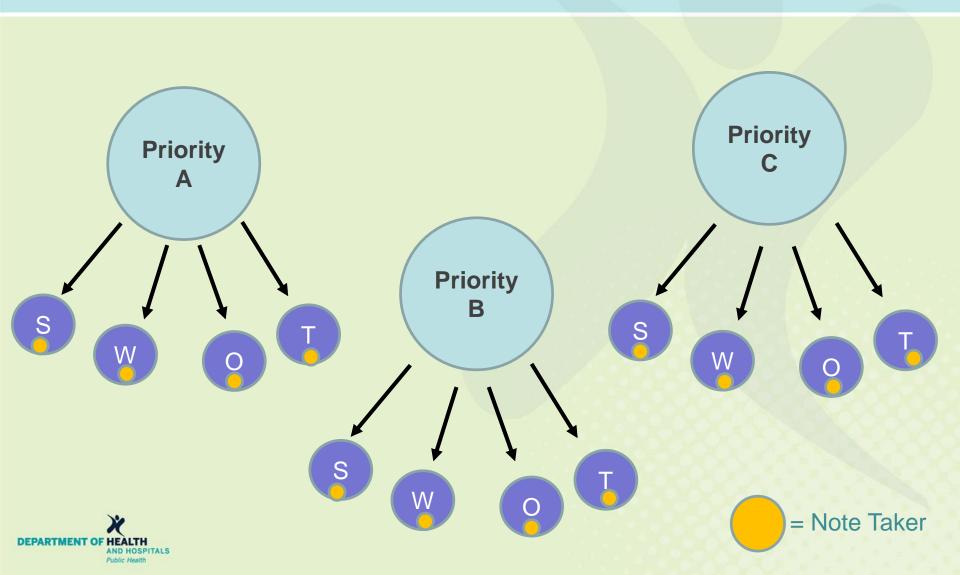
S trengths Weaknesses O pportunities

hreats

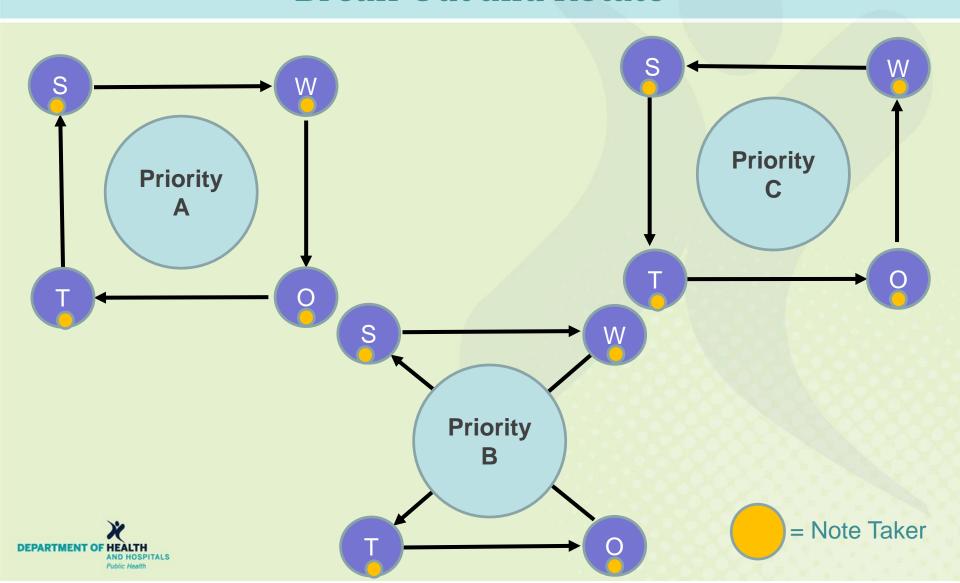




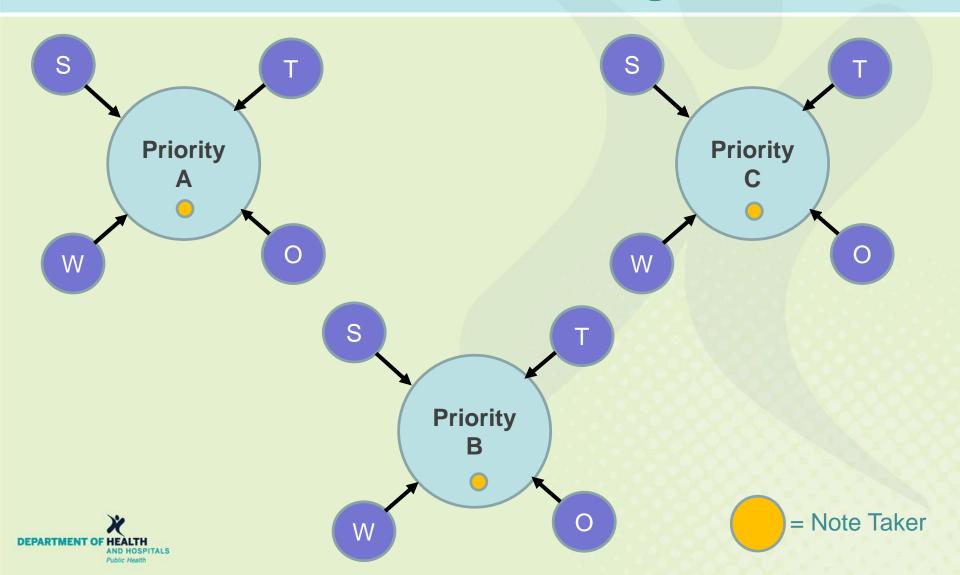
#### **Break-Out**



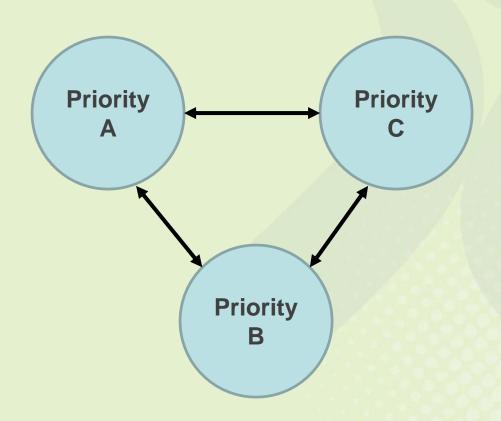
#### **Break-Out and Rotate**



#### **Re-Convene and Discuss Among Priorities**

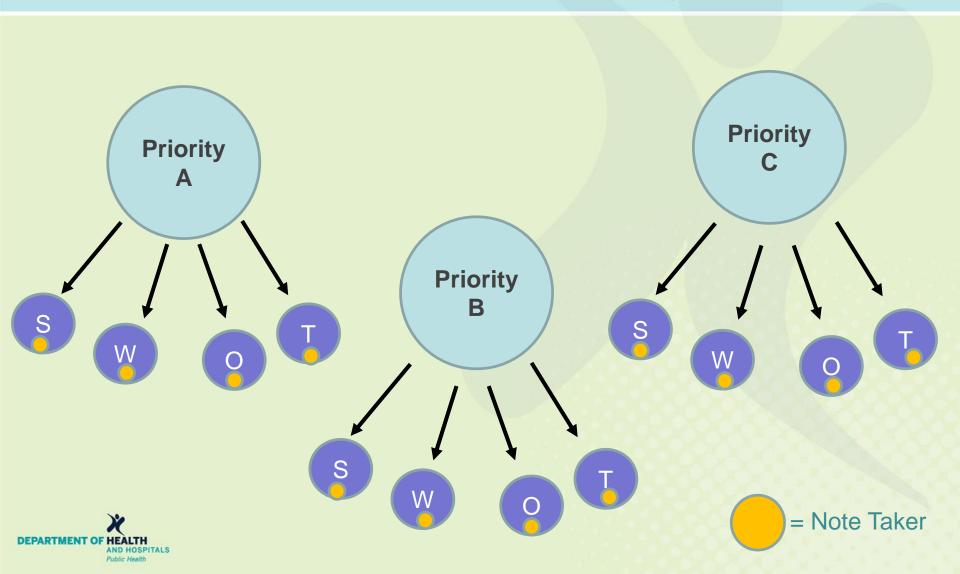


#### **Share Findings with the Group**

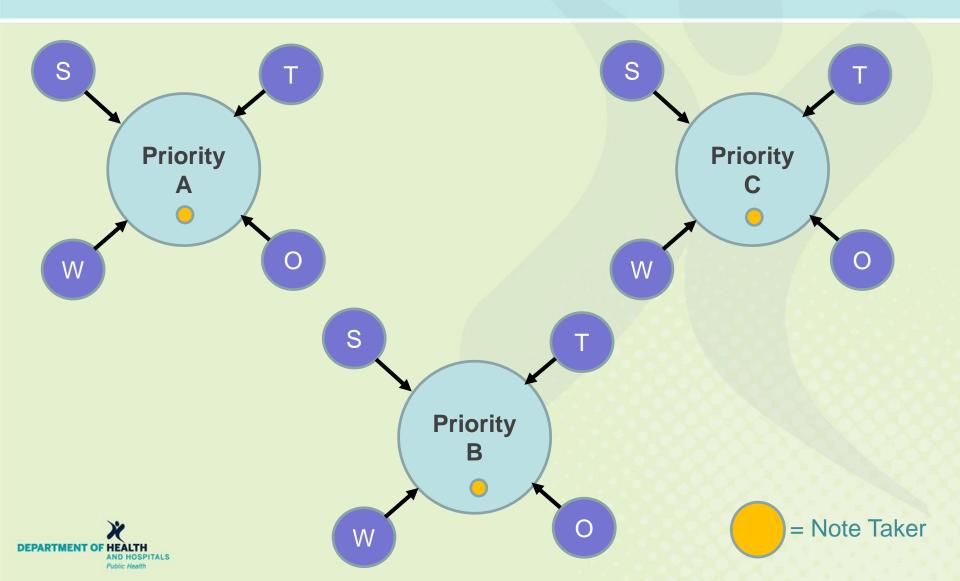




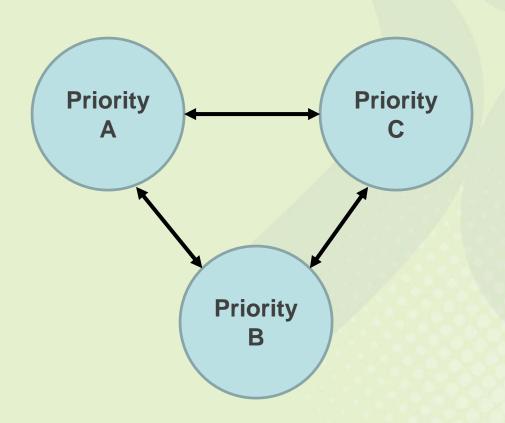
#### Let's Get Started! Go To Your Assigned Table!



#### **Discussion Within Priorities**



#### **Large Group Report-Out**





### Thank you to our



### **Table Hosts!**



### Next Steps

#### **Monday August 3, 2015** 9 AM – 11 AM

Jefferson Parish Health Unit 1855 Ames Blvd. Marrero, Louisiana

- Review and discuss further the Top 3 Priorities
- Provide input for State Health Improvement Plan



### Meeting Concludes!

#### THANK YOU FOR COMING!

Please drop off your comment card at the door!

